

NEXT EVENT

The LEISURELY LAKE LOITER

6 HOUR METROGAIN

February 16th 2008

Hash House

Bar B Q area - North end of Lake Alexander.

Time Schedule

13.00 pm - Maps handed out

14.45 pm - Drivers briefing,

15.00 pm - Start

18.00 pm - Chows on

21.00 pm - Finish

21.30 pm - results

22.00 - Chow finishes (maybe)

The Course

Typical inner Darwin suburbia and industrial terrain with about 35% intermingled bush/scrub/mangrove.

Controls

Controls visited will be recorded by multi choice answers with some traditional rogaine controls in bush areas

A wrong answer on the multi choice controls will result in losing double the point value of that control.

Water

There will be 4 water drops on the course but each team member is advised to carry three (3) litres of water or whatever sports supplement they prefer.

Bring

Good walking shoes, energy food, contact for maps, a quantity of sharp pencils, first aid kit, scissors, headlight and/or good torch, spare batteries, rain resistant clothing in case of wet weather, towel, money, chairs and camping table for course planning and contacting, highlighters of assorted colours, sense of humour.

Astronomical

Sunset - 1915

Moonrise - 1506

End civil twilight - 1937

99% of moon's disc illuminated

Nosh

Tucker will be on from 18.00 till 22.00 (maybe later, depending on appetites)

Menu - Hamburgers, vegieburgers, snags, salad, fruit, moist carrot (or similar) cake, tea & coffee and Adam's ale.

Prizes

There will be trophies for 1st outright and spot prizes after the announcement of results.