

2015 Committee

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#### In this Newsletter

Welcome to the Northern Territory Rogaining Association's September 2015 newsletter. This edition contains interesting information on:

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- Next Event Info
- What's happening Elsewhere
- Behind the Scenes
- Event Wrap up: Reports, map, results and photos

#### **Next Event:**

# Saturday 21<sup>st</sup> November 2015: Howard's Rural Ramble & Ride 6 hour Metrogaine & 4 hour Cyclogaine

When: Saturday, 21<sup>st</sup> November, Metrogaine 3-9 pm; Cyclogaine 4.30 – 8.30 pm

Where: Howard Springs area. Hash House at Howard Springs School

What: This area has been used in the past and will be extended to make it a 4 hours

event for the cyclists. Course will cover Howard Springs Village and surrounds

including the Pine Forest.

**Details:** Further details, including entry forms, will be available on the web site shortly.

http://nt.rogaine.asn.au/ Detailed information and course notes will be distributed

on receipt of entry. Final entries close 18<sup>th</sup> November.

**Enquiries:** info@nt.rogaine.asn.au

Setter: Ben Saunders Vetter: Simon Saunders

Contact us via email <u>info@nt.rogaine.asn.au</u> if you would like to take part but don't have a partner.



## What's happening Else Where:

#### 10-11 October 2015

**2015 Australasian Rogaining Championships** "A Cross-Country Caper" will be hosted by NSWRA.

The weekend will include the **24-hour Intervarsity championships**, plus a non-championship 8 hour event. For the first time in several years there is a team from CDU going down to compete in the Intervarsity Champs. For all the details and to enter please go to: <a href="http://arc2015.nswrogaining.org">http://arc2015.nswrogaining.org</a>

Good luck to Sue & Mike, Plaxy & Cathy and the Uni Girls who are all participating.

#### Saturday 28th of November 2015

You are all invited to Rogaining Tasmania's **"Ross Rummage"** 24 Hour State Championship and concurrent 8 Hour event. The events will start on Saturday 28th of November 2015, and will be held near the town of Ross in the Midlands region of Tasmania - roughly halfway between Hobart and Launceston. The terrain is a mixture of farmland and open Eucalypt woodland. Event entries are now open. More detailed event information can be found at <a href="http://rt.asn.au/rossrummage">http://rt.asn.au/rossrummage</a>.

# WRC 2016 entry for Australia/New Zealand Rogainers

Written by David Rowlands

The WRC Organising Committee has provided preliminary information on the entry process for those planning to enter the 2016 World Championships in Central Australia. Entries will open in October and are limited to 800 persons. Since the event is very likely to be over-subscribed, it is important to understand how to qualify as a Pre-Qualified Entrant. The key message is to enter early! Follow this link to the WRC 2016 Broadcast to ANZ Rogainers.pdf

Also if you are interested in volunteering for the World Champs go to the following link to get information and enter details.

Plan to explore the Red Centre of Australia in 2016 at the World Rogaining Championships!

Set by Australia's most experienced setters, it will be a course that is bound to challenge the world's best rogainers. Picture spectacular rock formations, beautiful gorges and wide, dry watercourses with complex contour detail and very few trails. Held on 23-24 July 2016 at the Poss River Pesort and adjacent properties, less than an hour's drive from Alice Springs.

Phase one registration opens on 23 October 2015, for more details go to worldrogainingchamps.com.au

World Rogaining Championships

AUSTRALIA - 22-24-Roy 2016

http://worldrogainingchamps.com.au/index.php/event/volunteers/information

#### **Behind the Scenes:**

#### **Revised registration form:**

Some of you may have had problems filling it in, and these will be ironed out, (bit like getting the latest version of Windows!), the big plus was the speed with which the results were churned out. As has been said before the preferred way is for you to fill in the form, save as an excel sheet and email, it can also be printed, filled in, scanned and emailed or even posted! The first option is the preferred as this removes the tedious job of transcribing the information from the



registration form into the results format also someone doesn't have to second guess your email address. A big thankyou goes to Paul and Susi.



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**Volunteers Wanted:** If for a change you, a partner or friend would like to give the very busy organisers a hand, (this doesn't necessarily preclude competing) please email Marj at info@nt.rogaine.asn.au

### **Event Wrap-up:**

**Competitors Reports:** In the past winners have been asked to write a report. There are four reports, some a little different to what has been included in past newsletters.

#### The Overall and Women's Open Winners: Mirjam and Zoe's route

If you are interested in where the winning team went, this is the order in which they visited controls. Perhaps you can learn something from them?

Start: 21, 71, 55, 90, 70, 83, 64, 61, 57, 51, 76, 60, W2, 82, 49, 56, 91, 81, 53, 92, 47, 63, 72, W3, 75, 100, 46, 80, 54, 65, 48, 74, 58, 30, 62, 78 and HH



#### Men's Open Winners: Simon Ben and Jarred

Control listing & notes:

HH - Start

65, 54, 80 - All going well so far...

46 - Overshot the control and had to backtrack...

100, 20, 52, 75, 72, 63, 47 - all going well again...

92 - Decided that the climb up to 67 didn't look like it was actually worth 60 points, headed for 53 instead...

53 - Walked too far east around the hill and had to backtrack...

91, 56, 49, 82, 83 - going well again...

70 - Sunset, decided to skip 64 to try to make up for some lost time, headed for 61...

61 - From 61 headed around the hill towards 57...Now dark, headed up what we thought was the correct spur and didn't find some grass), & Ben (undecided)



Jarred, (wine looks good) Simon (maybe

any control. After walking around (well actually climbing over rocks) for a while, concluded that we had no idea what spur we were now on and all that we were really sure about was that we were somewhere on the northern side of the hill. Decided to give up on 57 and head NW and try to find 51. Managed to re-orient ourselves on the way across to 51 and found the control at 51...

51, 44, 21 - Back on to our planned route...

HH - Quick stop to grab some water and fruit...

71, 55 - Decided that we can indeed find controls at night...Headed towards the hill with control 73, spent some time looking but didn't find the control. JP later told us that there was a map error and the control

circle was on the wrong spur. Headed

for 45 next...

45 - Getting late now so we decided to head for home via 48...

48 - Nearly there...

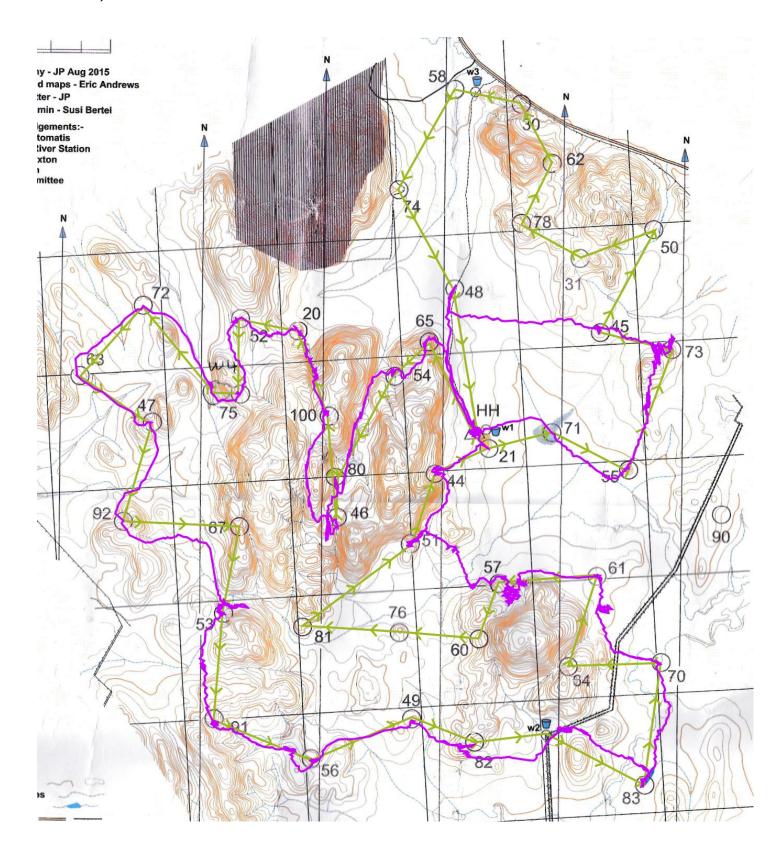
HH - Fnish

Simon, Ben and Jarred



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Technology is wonderful but sometimes not very forgiving! Their proposed route is in Green and the actual route in Pink. Interesting things happened around control 57. (Editor's Comment)





# Overall Winners of 6 hour Event: John Shanahan, Alex O'Donnell, Tristan Cook & Duncan Rance

#### 6 Hour Rogaine - Actual progress times

Control	<u>Actual Time</u>	
Δ	12:00	
21	12:05	
44	12:17	Time Ref vs Speed
51	12:28	14:12 = 4.5 km / Hr
57	12:52	14:30 = 4  km / Hr
60	13:05	14:50 = 3.5 km / Hr
76	13:21	15:20 = 3  km / Hr
81	13:38	16:00 = 2.5 km / Hr
53	14:09	17:00 = 2  km / Hr
91	14:26	
56 - 10 kn	n – Time Reference = <b>14:48</b>	
49	15:03	
82	15:16	15:06 = 4.5 km / Hr - No.1
Water	15:34	15:30 = 4  km / Hr - No.2
83	15:57	16:00 = 3.5  km / Hr - No.3
70	16:29	16:40 = 3 km / Hr - No.4 / No.5
64 (Skipped	this control)	17:40 = 2.5  km / Hr - HH asap
61 - 14.1	km - Decision point = <b>16:47</b>	

<u> </u>	14.1 Kill DC	. – 131011 point	10.77	
No.1	<u>No.2</u>	<u>No.3</u>	<u>No.4</u>	<u>No.5</u>
90	90	90	90	55 17:03
55	55	55	55	71 17:18
71	71	71	73	HH - 16.3 km (2.7 km / Hr) <b>17</b>
73	73	73	45	
45	45	45	71	
31	31	31	HH - 19.	.2 km (3.2 km / Hr)
78	78	48		
62	48	65		
30	65	HH - 21.	6 km (3.6 km	n / Hr)
58	54			
74	HH - 23	3.7 km (3.95 k	m / Hr)	
48		-	-	
65				

HH - 26.3 km (4.4 km / Hr)

We worked out that we were running late by the time we got to the water drop after 82, but it was getting lost going to 70 that indicated to us that we needed to skip 64 from our list for time safety.

Once we made it to 61 successfully, we determined that we could still follow option No.5 the rest of the way home & still have a time safety margin, which ended up being around 30 minutes.

Note that we actually started 20 mins later than 12:00, but I've marked the times above as though we left at 12:00, to make it easier for someone to follow.

Duncan



Duncan, the only team member around the next morning

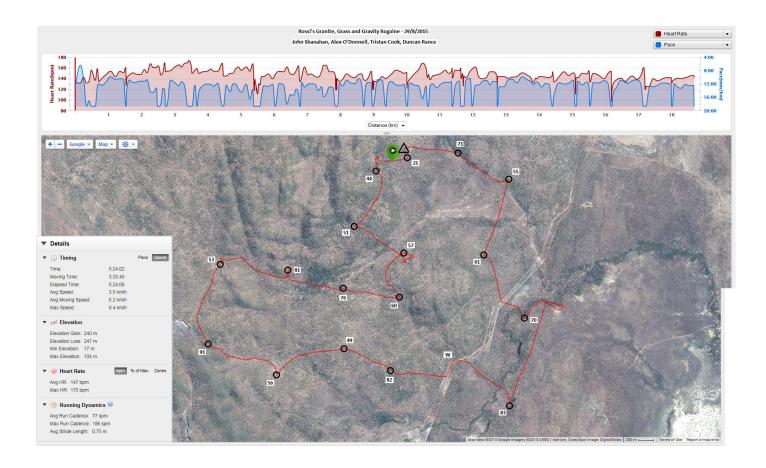


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7:28

#### Route Taken by the Winners of the 6 hour Event



#### Feel of the land versus compass-based navigation An observational report

Having had a blast at the Litchfield rogaine (some of it in retrospect), we didn't want to mess with the formula this time; training was never considered and revising compass based navigation a definite no-no.



#### **Pre- Event Briefing**

We got off to a good start, mainly because the first control was on the access road and we saw it on the way in. There, after a (overly) brief group discussion on how to use a compass, we headed off on our first bearing. While we didn't realise it at the time, the first few controls came easily because as a team we were pretty good at navigating from the terrain and landmarks.

The heat was pleasantly oppressive, and while we were disappointed that we couldn't get a handicap for having a redhead on our team, she was coping well despite her evolutionary disadvantage.

Heading south from the northeastern corner

of the course we started to run into issues. While attempting to find control 73 our nominated navigator (we swap navigators between controls to average out the incompetence) expressed concern that the control was on the other side of a hill a fair way to our left. We had a chat



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and decided to wander over and have a look, finding the control roughly where we thought it should have been. Apparently this control was in the wrong position and other teams had trouble finding it. All we can say is they were probably over-reliant on their compass whereas we went with the *feel* of the land.

While we found all the controls we planned to find between 90 and water stop 2, our technique had more in common with the grid-based systematic sweeping of emergency services looking for lost bushwalkers. At the water stop we had a think about our technique and decided it would be good to utilise the northings on the map in conjunction with the lines on our compass. Armed with this new approach, we headed off to the next control and found it in record time. This was reassuring as it was now late afternoon, and finding anything in the dark without a compass is pretty much impossible.

We enjoyed the pleasant and cool twilight period, a world away from the same time of day during the Litchfield rogaine, when we had spent around two hours lost in the dark south west of the aptly named Lost City. We even managed to find a couple of controls after dark, and wandered back to the hash house at a civilised 7.30pm (having planned to be back by 8pm). Here we were greeted with delicious food and friendly banter. We found the course interesting and the navigation somewhat easier than Litchfield and would like to thank the organisers and volunteers for their tireless efforts in making this event happen. Alice, Sarah and Tim.



Left: This proves you don't have to walk to take part in a rogaine. These two 8 month olds are certainly the youngest participants in a NT event.



Right: Ben's way of preventing blisters

**Below: The Winners** 



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## **Northern Territory Rogaining Association**

# Rossi's Granite, Grass and Gravity 29th August 2015

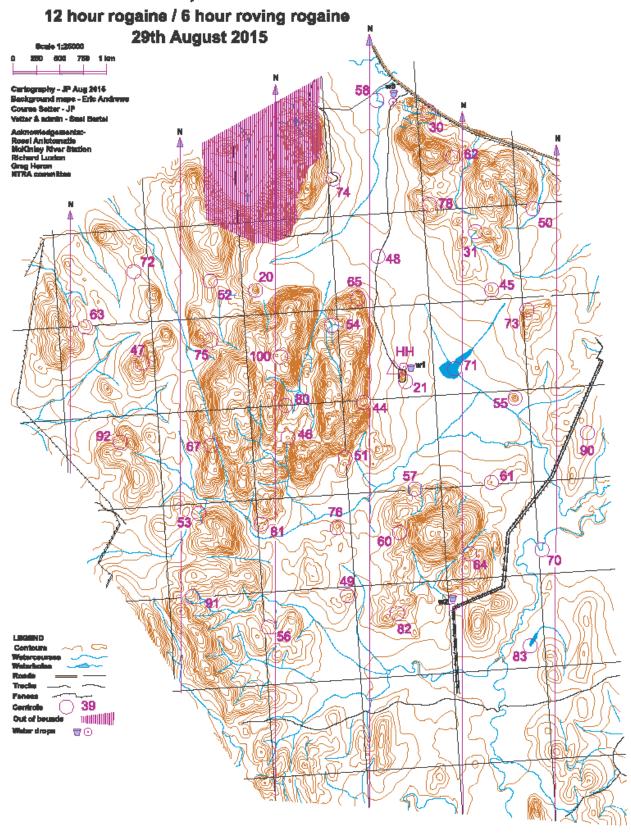
## 12 Hr Bush Rogaine 6 Hr Roving Option

#### Results

Team	Total	To	otal Ti	me	12 Hr Bush Rogaine									
Number	Points				Men Women Mixed F				F	Team Members				
		Hr	Min	Sec	All	MJ MO M	1 1 1	WV	ws	XJ X	1	XS	1	reall Wellibers
WO7	2100	11	16	30	1	100 100 100	1	777	****	710 710	7 / / / /	7.0	'	Mirjam Kaestli, Zoe Radford
WV6	1950	11	46	30	2		2	1						Cathy Shilton, Plaxy Purich
XV16	1760	11	55	18	3					1	1			Emily Prichard, Trevor Paynter
XV1	1720	11	41	10	4					2	2			Sue Berger, Mike Dunbar
MO14	1630	11	13	10	5	1								Simon Saunders, Ben Saunders, Jarred Donovan
XO3	1380	10	41	20	6					3				Mary Finlay-Doney, Alex Roberts
XO4	1010	7	25	38	7					4				Alice Leppitt, Tim Wallace, Sarah Barklay
MO17	890	10	53	20	8	2								Dale O'Shannessy, Luke Morton
XV2	840	9	6	44	9					5	3			Russell Willis, Kirsty Walters
XV13	710	6	51	10	10									Helen Pitts, Will Kellermeier
XO11	620	6	43	58	11					6	4			Denis Maddalazzo, Gloria Richards, Katherine Cocaris
XO18	490	6	0	33	12					7				Rose Stephens, Peter Stephens, Tori Sherrock, Mikhaila Bromich
WO5	200	6	3	38	13					8				Jane Black, Sally Cotton
					6 Hr Option									
XO8	1010	5	27	52	1						L			John Shanahan, Alex O'Donnell, Tristan Cook, Duncan Rance
WO9	700	4	46	2	2		1							Anna Richards, Evelyn Lackenby, Susanne Casanova, Eleanor Hallett
XO15	590	5	20	17	3					:	2			Mike Teale, Matt Jong, Heather Ferguson
WO12	440	5	25	23	4		2							Caitlin Chisholm, April Payne, Nirali Patel
WSV10	290	5	35	55	5		3	1	1					Trish Greenfield, Julie Mastin

#### NTRA Presents

# **ROSSI'S GRANITE, GRASS & GRAVITY**





#### **Editor's Note:**

Thanks to those who contributed to this newsletter, without you there wouldn't be one.

You have received this newsletter as a result of participating/showing an interest in one of our events. If you do not wish to receive correspondence from the NTRA, please reply to this email and put "unsubscribe" in the heading.

